

Setting the Table

Involve your child in setting the table at meal times. Explain and show them where the different utensils go (next to, at the top etc) and encourage them to have a go. Encourage your child to talk about the different objects and what they are used for using word endings eg/eating, cutting. Talk about meal times and their favourite foods etc.

This activity helps your child to develop social communication skills, use positional language and broaden their vocabulary. It also supports them to understand and follow instructions, and boosts confidence as they learn a new skill.

Sounds Around the Home

Encourage your child to listen to, describe and identify sounds around the home such as the washing machine, hair dryer, TV, dishwasher, radio, printer, telephone, door bell etc. Ask them to listen carefully to the sounds they can hear in the house and encourage them to talk about them. Encourage them to use descriptive language such as 'noisy', 'quiet', 'hum', 'ring', 'bell', 'loud' 'bang' 'buzz' etc.

This activity helps children develop listening and attention skills, and also helps to broaden vocabulary.

Simon Says....

Play Simon Says with your child, explaining the rules to them at the beginning. Encourage them to follow your instructions and copy you doing a range of actions eg/Simon says....jump!, Simon Says.....jog! etc. Let them have a go at being Simon.

This activity will help your child to develop listening skills, maintain attention, develop new vocabulary, and understand and follow instructions.

I Spy....

You can play I Spy at home, or when you're out and about. Explain how the game works, and use colours or shapes to identify objects eg/'I spy with my little eye something red/something round' etc.

Encourage them to 'spy' something for you to find.

This activity helps your child to use and understand descriptive language, and encourages listening and attention.